

NOTES

Sunday, July 12th, 2026

1. Revelation 4 begins with John being invited to see before he is invited to do. How does slowing down to behold God reshape the way you approach pressure, decision-making, or suffering in your own life?
2. The imagery of jasper and carnelian points back to the high priest's breastplate—God carrying the names of his people over his heart. How does the truth that you are carried on God's heart challenge the way you see your worth, security, or belonging?
3. The throne room is marked by unceasing worship—"day and night they never stop saying, 'Holy, holy, holy.'" What tends to interrupt your worship, and what would it look like to cultivate worship that is not dependent on circumstances?
4. The elders lay their crowns before the throne. Practically speaking, what are the "crowns" in your life—roles, achievements, control, recognition, security—that God may be inviting you to lay down?
5. The sermon emphasized becoming a living throne room for God. What is one daily rhythm, habit, or posture that could help you intentionally enthrone God in your heart this week?

