

# NOTES

Sunday, May 3rd, 2026

1. Which of the ‘five marriages’ best describes your current season—and what’s one specific challenge and one specific gift you see in that season right now?
2. Looking back, what’s one transition point between seasons that was harder than you expected (newlywed kids, little kids teens, teens empty-nest, etc.) and what did God teach you about yourself or your spouse in that stretch?
3. In the season you’re in right now, what’s one intentional practice that would most strengthen your marriage over the next 30 days?
4. Where are you most tempted to drift into “roommates,” “co-managers,” or “co-parents” rather than friends/partners—and what is one step toward reconnection this week?
5. Read Philippians 2:2 together. What would “same love” look like in your home this week in one concrete way? How can our group pray for your marriage right now?

