

# LIARS TELL LIES | WEEK 6 GROUP CONTENT

## SERMON QUESTIONS:

### 1. The Lie of Self-Sufficiency

*Read: Colossians 2:8–10.* Paul warns about being captured by “empty philosophies” that come from human thinking rather than Christ. Where do you most feel the pressure to be “enough” in life (family, career, parenting, finances, faith, etc.)? How does our culture encourage self-sufficiency instead of dependence on God? What is the difference between healthy responsibility and believing you must carry everything on your own?

### 2. Who We Are Without Christ

*Read: Ephesians 2:1–5.* Scripture describes humanity apart from Christ as spiritually dead—but made alive through God’s mercy. How does remembering who you were without Jesus help you treasure His grace today? Why do you think it is important for Christians to remember their spiritual condition before Christ? How can forgetting our need for grace slowly lead us back toward self-reliance?

### 3. When Our Limits Expose Our Need

*Read: 2 Corinthians 12:9–10.* “My grace is sufficient for you, for my power is made perfect in weakness.” What situation in your life right now is revealing your limits or weaknesses? Why is it often difficult for us to admit we are not enough? How could this moment of limitation actually become an invitation to depend more deeply on God?

### 4. Turning to the One Who Is Enough

*Read: Hebrews 13:6.* “The Lord is my helper; I will not fear.” The sermon listed areas where Jesus meets our needs (strength, peace, rest, hope, provision). Which one resonates most with your current season of life? What does it practically look like to rely on Jesus as your helper rather than trying to solve everything yourself? What is one way you could invite God into a challenge you are currently facing?

### 5. Calling on God Instead of Carrying It Alone

*Read: Jeremiah 33:3; Psalm 50:15.* God repeatedly invites His people to call on Him. When you consider God’s invitation to call on Him, what hesitation or doubt sometimes holds you back? What step of honesty or humility might God be prompting you to take this week? How could prayer become your first response instead of your last resort?

### 6. “Look What God Has Done”

*Read: 2 Corinthians 3:4–5* “Our sufficiency is from God.” How have you seen God work in your life recently? In what ways has God’s help or provision shaped who you are today? How can you intentionally shift your mindset from “look what I’ve accomplished” to “look what God has done”? Encourage each person to share one specific example of God’s work in their life.

**PRAYER:** Take time to ask each person how the group can be praying for them during the next week.