

# LIARS TELL LIES | WEEK 3 GROUP CONTENT

## SERMON QUESTIONS:

Don't rush through these questions. Let Scripture do the work. Don't feel like you need to answer every one.

**Ice Breaker:** What's something you've wanted in the moment that later you realized wasn't actually good for you? (It can be light: food, a purchase, procrastinating, or something more meaningful.)

### 1. The Strategy: Lies + Disordered Desires

The message emphasized that the devil's strategy is simple: deceptive ideas that play to our disordered desires (the flesh). Read: Ephesians 2:1–3. Where do you see this pattern in your own life: an idea that sounded reasonable but played directly into a deeper bent in your heart? What do you think your "bent" tends to be (comfort, control, approval, pleasure, escape, success, etc.)?

### 2. Recognizing the Conflict Within

Paul describes a real internal war between flesh and Spirit. Read: Galatians 5:16–17. Where do you most feel that inner conflict right now? What does "doing whatever you want" look like in subtle, everyday ways for you?

### 3. Confession & Accountability

The Christian life is not meant to be lived alone. What is one battle of your flesh that you need prayer or accountability for? (Examples: anger, comparison, lust, people-pleasing, laziness, overworking, comfort-seeking, control.) What would it look like to bring that into the light this week instead of managing it privately? Read: James 5:16. Leader note: Allow space here. This may be the most important moment of the night.

### 4. Deepest Desires vs. Strongest Desires

The message made the distinction between our strongest desires and our deepest desires. Who is the person you long to become in Christ? What fleshly habits or patterns are currently sabotaging that vision? Where have you been following your heart instead of leading it?

Optional Read: Romans 8:5–6. What is the outcome of a mind governed by the Spirit?

### 5. Walking by the Spirit (Not Willpower Alone)

We don't defeat the flesh with willpower alone—we walk by the Spirit. Read: Galatians 5:24–25. What spiritual discipline is currently weak or missing in your life (prayer, Scripture, fasting, confession, generosity, solitude, worship, etc.)? What is one small, concrete step you can take this week to "keep in step with the Spirit"? Leader prompt: Make it specific and realistic.

### 6. The Cross & Our Freedom

Jesus crucified His flesh to save us from ours. Our fight is rooted in His finished work.

Read: Romans 8:3–4 How does Jesus' obedience and sacrifice motivate you to honor your body, mind, and life differently? Where do you need to remember that you are not powerless and that the Spirit of Jesus lives in you?

**PRAYER:** Take time to ask each person how the group can be praying for them during the next week. Take notes so you can follow up. If this is your first meeting, plan to be the one to pray out loud for the group. As the group continues, pay attention to everyone's comfort level with praying out loud before inviting others to do so. No one should feel pressured, but should be encouraged.