

NOTES

Sunday, November 23rd, 2025

1. Are there any ways you see technology has slipped in to master any part of your life?
2. Read Romans 12:2 as a group. Knowing we are not to be conformed to the world. How did the phrase “Someone else is curating your life” impact you?
3. Are there any areas in your life you feel technology has distracted you from your priorities or caused you to waste some of the time God has given you?
4. Does the message of 2 Timothy 1:7, that God has not given us a timid or fearful spirit help you face the fears that can come with a daily overflow of news and media negativity?
5. Read Psalm 46 as a group. Pick out a phrase that impacts you where you are in your relationship with digital media. Share how this will shape one thing you will do this week to adjust your relationship and interaction with technology

