

- 1. How does it change your view of the Ten Commandments when you realize God wasn't saying, "This is what you have to do." But, "This is who you are."
- 2. Read Hebrews 12:1 as a group. Share a way God has taught you to "THROW OFF" sin that is trying to creep into your life so it will not entangle your soul.
- 3. Share how you feel as the keeper of your soul when you hear, "This is a faith journey, not just a faith arrival"?
- 4. Share an intentional action you practice consistently to keep God at the center of your Soul. (Prayer, devotions, journaling, quiet time, etc.)
- 5. Share one way this week as the keeper of your soul you will intentionally bless someone else's soul.

