NOTES

Sunday, October 12th, 2025

1. What do you think it means to be responsible for your soul?

2. What habits or choices either nourish or neglect your soul in your life?

3. Psalm 77: 2 “In the day of my trouble I sought the Lord; my soul ran in the night and ceased not; my soul refused to be comforted” have you experienced a season of hopelessness? Do you live more in fear for the future of faith for the future?

4. Your soul needs to be anchored to a future. What are you truly placing your hope in at this juncture of your life?

5. If you could ‘check in’ with your soul right now, what would you say to your soul?