

NOTES

Sunday, September 28th, 2025

1. “You don’t have a soul, you are a soul, you have a body”. Discuss the meaning of this.
2. “Your soul is what integrates your will, your mind, and your body.” What do you think this means?
3. Read Psalm 105: 1 – 5 and Psalm 42: 11 and Matt 22: 36, 37 and Matt 10: 28. There seems to be ample evidence in the Bible for a soul. Tease out these verses and discuss what a soul is and how it is different from the body and the mind.
4. Why do you think our culture, (or to be more specific, you!) often ignores or neglects the care of our soul?
5. “You are the keeper of your own soul” What does that responsibility mean to you personally?

