

- 1. Take a moment to reiterate the Biblical case for change and transformation in our lives. Why is transformation central to the Gospel and therefore central to the work of the cross?
- 2. Why do we often discount transformation as being central to the Gospel and salvation?
- 3. This week's sermon focused on 'what not' habits that need to come under the authority of Jesus Christ. This may be deeply private for you. Would you individually share if you have a habit that the Holy Spirit has revealed to you, that needs to be changed?
- 4. Read James 1: 21. Can you recall the 4 practices of getting rid of habits? Hint: Each of them started with the letter 'R'. Please expound on the meaning and action of each. Try and provide scripture you know to support each action.
- 5. Pray for each other as habits begin to shed. Hold each other accountable about this when you reconvene

