

- 1. Discuss a biblical understanding of change and transformation. Are we supposed to change? When does transformation end? Why is God interested in changing us?
- 2. Review week #1 and #2 of this series. Describe the spiritual why and the spiritual who?
- 3. "God often does big things through small habits". What is your experience with this truth?
- 4. This week's sermon is about the spiritual what? What small habit is the Holy spirit speaking to you about. How will you get started? Will you hold each other accountable next week?
- 5. Individually share the full picture of this, thus far. What is your spiritual why/who and what?

