

NOTES

Sunday, December 1st, 2024

Read Matthew 6:25-32. Follow the Head, Heart, Hands questions resource to discuss as a group or study individually. You can find this resource at communitymi.org/groups.

1. Worry is something that the world says is a 'very normal thing to do'. What are some things that you find yourself worrying about that feels 'normal' to worry about?
2. Jesus says, "Do not worry about your life..." what are you worrying about right now that Jesus might be speaking specifically to you about?
3. Jesus says that what comes before the 'worry' is our focus. We are pulled between two masters. One master is Jesus. The other master is pulling our eyes away from Jesus. Who is the 'other' master in your personal situation? Is it the master of 'Money'? 'Fear'? 'Trust in yourself', the master of 'Comfort', 'Doubt'.
4. How does the devastation that you've walked through connect with the devastation of the cross? How does this help you connect and relate with Jesus as you grow in your faith journey with Him?
5. What is one thing you can do this week to help you keep your eyes locked on Jesus when the temptation to 'worry' knocks on your door?

